

Attending MEDICINE, MINDFULNESS, *and* HUMANITY

RONALD EPSTEIN, MD



Thursday, May 16, 2019

UMass Medical School, Faculty Conference Room

Reception & Book Signing: 5:30 – 6:00 pm

Readings: 6:00 – 7:00

Ronald Epstein MD -- family physician, teacher, researcher and writer -- has devoted his career to understanding and improving patient-physician communication, quality of care and clinician mindfulness. He has conducted groundbreaking research into communication in medical settings and developed innovative educational programs that promote mindfulness, communication and self-awareness. Dr. Epstein directs the Center for Communication and Disparities Research and co-directs the Deans Teaching Fellowship program and Mindful Practice Programs at the University of Rochester School of Medicine and Dentistry where he is Professor of Family Medicine, Psychiatry, Oncology and Medicine (Palliative Care). A graduate of Wesleyan University and Harvard Medical School, he is recipient of lifetime achievement awards relating to communication and humanism, a Fulbright fellowship in Barcelona and fellowships at the University of Sydney and the Brocher Institute in Geneva. He has published over 250 [articles and book chapters](#). His first book, *Attending: Medicine, Mindfulness and Humanity*, was released in January 2017.

MEET THE AUTHOR
SERIES 2019



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Attending

MEDICINE,
MINDFULNESS,
and HUMANITY



Ronald Epstein, M.D.

"Mindfulness is being present, right now, right here." Dr. Epstein explores four skills of mindfulness—Attention, Curiosity, Beginner's Mind, and Presence. *"If we all took that split second to be attentive and present, I think the world would be a better place"*

Books will be available for purchase.

Register by May 6, 2019

Email: wordmsa@massmed.org

Call: 508-753-1579

Online: www.wdms.org