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## **ALCOHOL/DRUG ABUSE**

### **AdCare Hospital**

107 Lincoln St., Worcester

Round the clock admissions, triage & assessment for drug & alcohol abuse. In and outpatient detox and rehab, outpatient evaluation, treatment, family programs and intervention, recovery groups

**Admission 800-345-3552**

**Hotline 800-252-6465**

### **Community HealthLink**

**508-860-1080**

### **Homeless Outreach and Advocacy Project (HOAP)**

72 Jacques Ave, Worcester

Services include: Primary medical care, case management, mental health and substance abuse services, walk-in emergency case management, transitional and permanent housing, assistance with benefits. FOR ADULT HOMELESS POPULATION – NO FAMILIES.

Free services to the uninsured.

[www.communityhealthlink.org](http://www.communityhealthlink.org)

### **Lincoln Primary Care Clinic**

**508-334-6100**

281 Lincoln St., Worcester

Outpatient treatment program. Sliding fee.

## **DEATH AND DYING**

### **Better Ending**

**508-756-7176 x6969**

**800-521-5539 x6969**

A Program of the Central Massachusetts Partnership to Improve Care at the End of Life.

Call or email for free brochure

[www.betterending.org](http://www.betterending.org)

### **UMassMemorial Hospice**

**508-754-0052**

43 Harvard St., Worcester

Home hospice services including nursing, social services, home health aides, bereavement support, spiritual counseling, respite, equipment, medications, pediatric services, assistance with insurance and other paperwork.

### **VNA Care Hospice, Inc**

**508-756-7176**

120 Thomas St., Worcester

Provides care and services for terminally ill patients and their families.

## **DENTAL SERVICES**

### **Family Health Center**

26 Queen St, Worcester

**508-860-7700**

**TTY 508-860-7750**

**Urgent Care****508-860-7777**

Monday – Friday 8:00 am – 7:30 pm

Dental Clinic provides preventive, restorative and emergency care

Free care is provided if gross yearly income is below 200% of federal income guidelines.

*Family Health Center also provides:*

*Mental Health Clinic, TB Clinic, Lab & X-ray, Insurance physicals, Homeless Families Program, HIV, Southeast Asian Health Program, Maternal and Child Health, Asthma & Diabetes Programs, Immunizations, Women in Crisis Program.*

*Primary Care hours are Monday – Friday 8:30 am – 5:00 pm*

*Sunday 10 am – 2:00 pm*

*Pharmacy and Social Services on site. Interpreters available.*

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**Great Brook Valley Health Center****508-852-1805**

19 Tacoma St., Worcester

Dental Clinic provides preventive, restorative and emergency treatment.

Walk-in or call at 7:30 am for appointment. Waiting list for first-time patients. Free care is provided if gross yearly income is below 200% of federal income guidelines.

*Great Brook Valley Health Center also provides:*

*Primary healthcare for infants, children, teens, adults and seniors. Asthma program, Breast and Cervical Cancer Initiative, Developmental Assessments, Diabetes Program, Family Planning, HIV/AIDS, Home Visits, Immunizations, Lab work, Nutrition Counseling, Podiatry, Teen Clinic, Smoking Cessation, Optometry, STD Treatment, Therapy for adults, children, families and groups, Pharmacy and Social Service Dept. on site. English, Spanish, Portuguese, American Sign Language  
Free childcare during visits.*

**Massachusetts Dental Society “Dentistry For All”****800-342-8747**

2 Willow Street, Suite 200

Southborough, MA 01745

Referral to dentists for low-income individuals and families who do not have dental insurance or MassHealth. Participating dentists agree to charge reduced fees for certain procedures. Upon approval for the program participants receive a list of participating dentists. Patients must pay the reduced fee at the time of the visit. Though the majority of dentists participating perform general dentistry services, there are a few participating specialists including periodontists, oral surgeons, orthodontists and endodontists.

Reduced fee procedures include: Emergency exams, Emergency treatment for pain, X-rays, Initial and periodic exams, Cleanings, Fluoride Treatment, Sealants, Extractions, Fillings, Dentures, Partial

Dentures. Dentists may charge their regular fees for dental procedures not included on this list.

To apply send a stamped addressed envelope to the above address. Applicants will receive a financial form to complete. Applicants must also have a Certification of Need Letter completed by an appropriate person (minister, social worker, visiting nurse, senior citizen director) and include this with their completed application. Call for more information and/or assistance.

**Quinsigamond Community College**

**508-854-4306**

670 West Boylston St., Worcester

Dental Hygiene Program (students supervised by faculty)

September thru December

Tuesday and Thursday 9:30 am – 4:00 pm

January thru May

Monday and Wednesday 9:00 am – 4:00 pm

Tuesday and Thursday 9:30 am – 4:30 pm

Cleaning: Adult \$20.00 Children under 12 yrs. Of age: \$12.00

Seniors and college students with ID's: \$14.00

Full x-rays: \$15.00 Bite wings: \$4.00 Children's Sealants: \$10.00 first tooth, \$5.00 each additional tooth.

[www.qcc.mass.edu/dental](http://www.qcc.mass.edu/dental)

**UMassMemorial Ronald McDonald Care Mobile**

**508-334-6073**

119 Belmont St., Worcester

Children's dental exams, cleanings, X-rays, fluoride application, sealants and dental referrals.

The mobile, staffed with a doctor, nurse practitioner and dental and lab personnel, makes scheduled stops at various locations in the Worcester area Monday thru Friday between 12:00 noon and 6:00 pm

Call for an appointment or for scheduled stops. The van is wheelchair accessible via hydraulic lift.

*Other services for children offered by the Ronald McDonald Care Mobile:  
Routine physical exams, immunizations, hearing and vision testing,  
nutritional analysis, mental health counseling.*

**Worcester Youth Center, Inc.**

**508-341-9416**

27 Chandler St., Worcester

**or 508-334-7642**

Preventive Health exams and Dental Care

3<sup>rd</sup> Thursday of the month.

Call Nandy Vega to place name on sign-up sheet

[www.worcesteryouthcenter.org](http://www.worcesteryouthcenter.org)

## **ELDER SERVICES**

### **Age Center of Worcester Area**

**508-852-3205**

799 West Boylston St., Worcester

Monday thru Friday 8:00 am – 4:30 pm

Services offered include: Meals on Wheels, Long-Term Care Ombudsman, Senior Companion Program, Bill-Paying Program, Adult Social Daycare Program. Free or sliding scaled based on income.

[www.agecenter.org](http://www.agecenter.org)

### **Central Massachusetts Agency on Aging**

**508-852-5539**

Worcester

**800-244-3032**

Information and referral service for elders and caregivers.

[www.seniorconnection.org](http://www.seniorconnection.org)

### **Elder Services of Worcester**

**508-756-1545**

128 Providence St., Worcester

Monday thru Friday 8:00 am – 5:00 pm

Home Health Services for senior citizens age 60+

Free or sliding scale based on income

[www.eswa.org](http://www.eswa.org)

### **Visiting Nurse Association**

**508-756-1545**

120 Thomas St., Worcester

**800-521-5539**

nursing, home health, rehabilitation and physical therapy

Sliding scale fee based on income

Monday thru Friday 7:30 am – 11:30 pm

Saturday and Sunday 7:30 am – 6:00 pm

### **Worcester Senior Center**

**Main # 508-799-1232**

128 Providence St., Worcester

**Advocate 508-799-1233**

**Clinic 508-799-1892**

Focal point center offering advocacy, educational programs, health and fitness such as podiatry, massage therapy, hypertension monitoring for residents of the City of Worcester. S.H.I.N.E. counselor available for assistance with health insurance. Call for a schedule of programs, screenings and services.

[www.ci.worcester.ma.us](http://www.ci.worcester.ma.us)

## **HEALTH INSURANCE**

### **Children's Medical Security Plan (CMSP)**

**800-531-2229**

The Children's Medical Security Plan offers medical and dental coverage for any child not eligible under the MassHealth plans. Parents pay a monthly premium based on family income. Upon application, children

will be enrolled for 45 days while eligibility is determined. Call for information and application.

**MassHealth**

**800-332-5545**

Provides health insurance or assistance in paying health insurance premiums for aged or disabled people, residents of long-term care facilities families with children, pregnant women, small employers and their employees, long-term unemployed people and people who are HIV positive. Call or visit web site for more information.

[www.state.ma.us/dma](http://www.state.ma.us/dma)

**The Medical Security Plan (Unemployment)**

**617-626-6321**

Available to Massachusetts's residents and their dependents if the resident is collecting unemployment. To qualify the unemployed person must be:

A Massachusetts Resident, Unemployed from a Massachusetts employer, Receiving unemployment benefits, Total family income for six months prior to applying for insurance, PLUS projected family income for six months after applying for insurance, must be below 400% of Federal Poverty Guidelines.

**MediCare (Parts A & B)**

**800-772-1213**

Medicare is a federal health insurance anyone 65 or older, anyone under age 65 who has been ruled disabled for 24 months and any kidney dialysis or kidney transplant patient.

People who are not automatically enrolled should apply for Medicare by contacting any Social Security Administration office. In order to avoid waiting periods and/or higher premiums applications should be sent in at least three months before the applicant turns 65.

**Free Care at Hospitals and Health Centers**

Depending on the patient's family income, health centers and hospitals are expected to provide emergency, in and outpatient medical care at no cost or on a sliding scale. Doctor bills are usually NOT covered.

Eligibility: Patients whose family income is 200% or under the federal poverty level, patients whose family income is between 200 - 400% of the federal poverty level are eligible for free care, if paying a hospital bill will cause financial hardship even if the family income is greater than 400% of the federal poverty guidelines, the patient may be eligible for free or partial free care.

To apply for free care, request an application from the hospital, health center or clinic. There is no limit to the number of hospitals or health centers to which patients can apply for free care, but each one requires a separate application.

## HEARING SERVICES

### **Multi Service Center of Leominster**

**978-537-7395**

53 Merriam Ave., Leominster  
Adult vision and hearing programs  
Children's dental, vision, hearing

*Multi-Service Center also provides::*

*Free screenings: diabetes, blood pressure, cholesterol, health education, nutrition counseling, Women in Crisis program, free mammograms, post-mastectomy programs*

### **UMassMemorial Ronald McDonald Care Mobile**

**508-334-6073**

119 Belmont St., Worcester  
Free hearing tests for children  
The mobile, staffed with a doctor, nurse practitioner and dental and lab personnel, makes scheduled stops at various locations in the Worcester area Monday thru Friday between 12:00 noon and 6:00 pm  
Call for an appointment or for scheduled stops. The van is wheelchair accessible via hydraulic lift.

*Other services for children offered by the Ronald McDonald Care Mobile:*

*Routine physical exams, immunizations, vision testing, nutritional analysis, mental health counseling, dental exams, cleanings, X-rays, fluoride applications, sealants and dental referrals.*

### **Hearing Aid Program for Infants & Toddlers**

**800-882-1435**

250 Washington St., Boston  
Free Hearing aids based on income.

### **Worcester Host Lions Club**

P.O. Box 60521  
Greendale Station  
Worcester, MA 01606

Free hearing exams, hearing aids for uninsured or underinsured individuals. Eligibility is determined on a case by case basis. Service or healthcare provider should call for an application form.

*Worcester Host Lions Club also offers:*

*Free eye exams, eyeglasses, and eligibility as above.*

### **Eye & Ear Clinic at**

**508-799-4191**

Wesley United Methodist Church  
114 Main St. (near Courthouse), Worcester

Eyeglasses or hearing aids for adults and children, uninsured or underinsured. Walk in, no appointment necessary.

**Hearing Evaluation:** 2<sup>nd</sup> & 4<sup>th</sup>. Monday of the month 6:00 pm – 8:00 pm

**Eye care and hearing testing programs:** Call on Monday 6:00 pm – 8:00 pm for more information. Eyeglasses: \$15.00 single lens, \$25.00 bifocals, children's glasses are free.

**Ear care program:** For hearing screening and referral to low cost hearing aids (\$25.00 - \$50.00 depending on aid)

**Optometry Exams:** Monday 6:00 pm – 8:00 pm

**Ophthalmology:** Glaucoma & Diabetic Retina Exams, 1<sup>st</sup> Monday of the month 6:00 pm – 8:00 pm

## **HIV/AIDS**

### **Abby's House**

**508-756-5486**

52 High St., Worcester

HIV testing for women

2<sup>nd</sup> Thursday of the month 10:00 am – 12:00 noon.

[www.abbyshouse.com](http://www.abbyshouse.com)

### **ACT NOW Plan (Massachusetts)**

**800-952-6637**

ACT (Access to Care and Treatment) Now provides comprehensive primary health care services for people who have HIV and who are uninsured or inadequately insured. Services are provided at a variety of sites including neighborhood and community health centers, group medical practices and hospital based infectious disease clinics. An important goal of this program is to maximize the health of people living with HIV; to improve their quality of life, and limit or avoid the use of emergency room and other high-cost clinical services. Populations targeted by this program include patients with a history of substance abuse, patients whose first language is not English and/or whose cultural and health-related background is different from those of the dominant culture, patients newly released from jail, patients with a history of mental illness, and patients who live in communities that are geographically isolated from AIDS care facilities. ACT NOW pays up to \$1,500 per client per year.

The HIV/AIDS Bureau publishes a directory "Services for People Affected by HIV/AIDS in Massachusetts," which in addition to providing information about treatment services provides information on counseling and testing services, housing services, hospice and chronic care facilities and legal assistance. Call the number above to order or order on line at [www.maclearinghouse.com](http://www.maclearinghouse.com)

**AIDS Project Worcester, Inc.**

**508-795-1665**

85 Green St., Worcester

Monday thru Thursday 8:00 am – 6:00 pm Friday 8:00 am – 5:00 pm

Case management for people with HIV, free legal services for HIV, buddy program, home-delivered meals, assistance in securing entitlements and accessing medical care and AIDS sensitive therapists. Family support and education, Food Pantry for HIV and clients of AIDS project by appointment.

**Health Awareness Services of Central MA, Inc.**

**508-753-0800**

405 Grove St., Worcester

**800-637-5466**

Services in Worcester, Marlborough, Milford & Southbridge

HIV counseling and testing services free of charge. Walk-ins accepted.

Call for times and locations.

Other services offered by Health Awareness Services:

*Family Planning, Health Care, Testing and treatment for sexually transmitted diseases, cancer screening. Charges are based on sliding fee scale. No one is turned away for inability to pay.*

**Henry Lee Willis Community Center, Inc.**

**508-799-0380**

119 Forest St., Worcester

HIV/AIDS and substance abuse outreach and risk reduction education.

Provides information, materials (condoms, bleach kits, etc.) and referrals.

Free of charge

**HIV Drug Assistance Plan (HDAP)**

**617-778-5454 x319**

HDAP/Community Research Initiative

**800-228-2714**

25 Miner St., Boston, MA 02215

The HIV Drug Assistance Plan (HDAP) helps qualified Massachusetts residents pay for specific drugs when these drugs are prescribed for HIV infections. Types of medications covered include: Protease inhibitors, anti-fungals, anti-retrovirals, CMV prophylaxis and treatment, MAI prophylaxis and treatment, PCP prophylaxis and treatment, Toxoprophylaxis and treatment, side effect medications, acute treatment medications and over the counter medications. For a specific list of medications covered contact the address above. HDAP pays all or part of the costs depending upon the persons eligibility and insurance status. Eligibility requirements: Annual gross income of less than or equal to 400% FPL, Resident of Massachusetts, Documented proof of lack of insurance or underinsurance for prescription coverage, Copy of insurance card if applying for co-payment coverage and documentation of co-payment amounts, Referral by a physician.

**MassHealth**

**888-665-9993**

If you are HIV+ and qualify, MassHealth will pay for your health care even if you do not have AIDS or are not disabled. It will cover many

services to keep you healthy: Doctor visits, medications, lab tests, mental-health services, substance abuse treatment services, hospital stays, dental care, eyeglasses and more. You may be eligible for MassHealth whether or not you work and even if you have health insurance. You may qualify if your monthly income (before taxes and deductions) is at or below these amounts. For self-employment use your total business income from line 12 on your most recent US Tax Return. For rental income use the net rental income from line 26 on your most recent Schedule E.

**PIP Center**

**508-757-0103**

Main St., Worcester

Helps “People In Peril”, the homeless, the working poor, indigent alcoholics, drug addicts and the de-institutionalized mentally ill, by providing opportunities for training, rehabilitation, education, care, treatment, housing, food and shelter, regardless of gender, race, color, or creed.

**IMMUNIZATIONS**

**Blackstone Valley Free Medical Services**

**508-234-7306**

St. Camillus Health Center, 447 Hill St., Whitinsville

Free immunizations for children and adults

Walk-in 2<sup>nd</sup> & 4<sup>th</sup> Monday of the month 6:00 pm – 8:00 pm

*Other services offered by St. Camillus: Acute medical care, general physicals, mammograms, PAP smears, medications, chronic and acute illness care, specialist referral, counseling, lab testing, pharmacy assistance. Interpreters and social service personal available.*

**Family Health Center**

**508-860-7700**

26 Queen St, Worcester

**TTY 508-860-7750**

**Urgent Care**

**508-860-7777**

Monday – Friday 8:00 am – 7:30 pm

Immunizations for adults and children

*Family Health Center also provides:*

*Mental Health Clinic, TB Clinic, Lab & X-ray, Insurance physicals, Homeless Families Program, HIV, Southeast Asian Health Program, Maternal and Child Health, Asthma & Diabetes Programs, Immunizations, Women in Crisis Program. Dental Clinic provides preventive, restorative and emergency care*

*Free care is provided if gross yearly income is below 200% of federal income guidelines.*

*Primary Care hours are Monday – Friday 8:30 am – 5:00 pm  
Sunday 10 am – 2:00 pm  
Pharmacy and Social Services on site. Interpreters available*

**Great Brook Valley Health Center**

**508-852-1805**

19 Tacoma St., Worcester

Immunizations for children and adults by appointment only.  
Free care is provided if gross monthly income is below 200% of Federal  
Income Guidelines.

*Other services offered by Great Brook Valley Health Center:*

*Primary healthcare for infants, children, teens, adults and seniors, Asthma  
program, Breast and Cervical Cancer Initiative, Developmental  
Assessments, Diabetes program, Family Planning, HIV/AIDS, Home visits,  
Lab work, Nutrition counseling, Podiatry, Teen Clinic, Smoking cessation,  
Optometry, STD treatment, Therapy for adults, children, family and group.  
Pharmacy and Social Service Dept. on site.*

*Dental Clinic provides preventive, restorative and emergency treatment.*

*Call at 7:30 am for an appointment Free child care during visits.*

*English, Spanish, Portuguese, American Sign Language*

**Green Island Free Medical Services**

**508-753-4661**

50 Canton St. (in Crompton Park), Worcester

Children's immunizations: call Tuesday between 9:30 am – 11:30 am to  
schedule at Thursday appointment with a pediatrician. Adult  
immunizations, appointment preferred. Walk-in clinic Monday thru  
Friday 8:00 am – 4:00 pm

*Other services offered by Green Island Medical Services:*

*Healthcare for adults, teens, children and infants. Developmental  
assessments, blood glucose screening, flu clinics, referrals for diagnostic  
testing, assistance provided for follow-up services. Pharmacy assistance.  
Interpreters available with advance notice.*

**Hahnemann Family Health**

**508-792-8830**

279 Lincoln St., Worcester

Child and adult immunization program.

By appointment only: Monday & Thursday 8:30 am – 5:00 pm

Tuesday, Wednesday & Friday 8:30 am – 5:00 pm

*Other services offered by Hahnemann Family Health: Comprehensive  
primary care health center for infants, children, teens, adults and seniors.  
Programs include: Asthma and diabetes, health education, physicals,  
smoking cessation.*

*Free care is provided if gross monthly income is below 200% of federal  
income guidelines.*

**Health Awareness Services of Central MA, Inc.** 508-753-0800  
405 Grove St., Worcester 800-637-5466  
Services in Worcester, Marlborough, Milford & Southbridge  
Immunization services for adults and children

Other services offered by Health Awareness Services:  
*Family Planning, Health Care, Testing and treatment for sexually transmitted diseases, cancer screening. HIV counseling and testing services free of charge. Walk-ins accepted. Call for times and locations. Charges are based on sliding fee scale. No one is turned away for inability to pay.*

**Massachusetts Dept. of Public Health** 508-792-7880  
180 Beaman St., West Boylston  
Immunization program, Collaborates off-site with schools and providers to support adolescent and adult immunizations.

*Other programs offered by MDPH:  
Assistance and early intervention programs for families of children with special health care needs and with developmental delays.*

**Plumley Village Health Services** 508-831-1272  
34 Laurel St. Worcester  
Free Immunizations for children and adults  
Wednesday 1:30 pm – 3:30 pm by appointment only  
Current health records must be presented

*Other services offered: Primary Care Health Center, Physicals, Pregnancy Clinic, Birth Control Service, Women In Crisis program, HIV/AIDS, Teen Clinic, 2<sup>nd</sup> Monday of the month 4:30 pm – 7:00 pm. Free care is provided if gross monthly income is below 200% of federal income guidelines. By appointment only. Spanish & English.*

**St. Anne's Free Medical Services** 508-757-5154  
130 Boston Tpke. (across from Spag's), Shrewsbury  
Free immunizations for children and adults.

*Other services offered by St. Anne's: Family and pediatric medical care, physicals, Ob/Gyn, diagnostic testing, pharmacy assistance. Interpreters and social service personnel available. Medical equipment available*

**St. Bernard's Free Medical Services** 508-798-6818  
228 Lincoln St., Worcester  
Free immunizations for children and adults  
Walk-In Thursday 6:00 pm – 8:00 pm

*Other services offered by St. Bernard's: Family and pediatric medical care, Ob/Gyn, pharmacy assistance. Interpreters and social service personnel available. Medical equipment available.*

**UMassMemorial Ronald McDonald Care Mobile** **508-334-6073**

119 Belmont St., Worcester

Immunizations for children

The mobile, staffed with a doctor, nurse practitioner and dental and lab personnel, makes scheduled stops at various locations in the Worcester area Monday thru Friday between 12:00 noon and 6:00 pm

Call for an appointment or for scheduled stops. The van is wheelchair accessible via hydraulic lift.

*Other services for children offered by the Ronald McDonald Care Mobile: Routine physical exams, immunizations, hearing/vision testing, nutritional analysis, mental health counseling, dental exams, cleanings, X-rays, fluoride applications, sealants and dental referrals.*

<b>MEDICAL CLINICS</b>
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**Blackstone Valley Free Medical Services** **508-234-7306**

St. Camillus Health Center, 447 Hill St., Whitinsville

Walk-in 2<sup>nd</sup> & 4<sup>th</sup> Monday of the month 6:00 pm – 8:00 pm

Acute medical care, general physicals, mammograms, PAP smears, medications, chronic and acute illness care, specialist referral, counseling, lab testing, immunizations, pharmacy assistance. Interpreters and social service personal available.

**St. Anne's Free Medical Services** **508-757-5154**

130 Boston Tpke. (across from Spag's), Shrewsbury

Free walk in clinic Tuesday 6:00 pm – 8:00 pm.

Family and pediatric medical care, physicals, Ob/Gyn, diagnostic testing, immunizations, pharmacy assistance. Interpreters and social service personnel available. Medical equipment available

**St. Bernard's Free Medical Services** **508-798-6818**

Guild of Our Lady of Providence Free Medical Program

228 Lincoln St., Worcester

Free walk-In Thursday 6:00 pm – 8:00 pm

Immunizations for children and adults, Ob/Gyn, pharmacy assistance.

Interpreters and social service personnel available.

Medical equipment available.

**St. Vincent Ambulatory Care Clinic** **508-363-6199**

25 Winthrop St., Worcester

Comprehensive primary care health center for teens, adults and seniors. Pharmacy, lab testing, and medical equipment provided. Free care provided if gross monthly income is below 200% of federal income guidelines.

**Medical Clinic:** Monday & Tuesday 8:00 am – 5:00 pm  
Wednesday 8:00 am – 12:00 noon, Thursday 1:00 pm – 7:00 pm,  
Friday 1:00 pm – 5:00 pm

**Women’s Health Clinic:** Wednesday 1:00 pm – 4:00 pm

**Osteopathic Clinic** Tuesday 9:00 am – 5:00 pm

**Psychiatry/Counseling** Wednesday 9:00 am – 11:00 am

Call for appointment.

**Christian Medical Service at Trinity Church** **508-764-3789**

446 Hamilton St., Southbridge

Free walk-in clinic, Wednesday 6:30 pm – 8:00 pm

Acute medical care, pharmacy assistance, diagnostic tests. Interpreters and social service personnel available.

**Community HealthLink** **508-860-1080**

72 Jacques Ave, Worcester

Services include: Primary medical care, case management, mental health and substance abuse services, walk-in emergency case management, transitional and permanent housing, assistance with benefits. FOR ADULT HOMELESS POPULATION – NO FAMILIES.

Free services to the uninsured.

[www.communityhealthlink.org](http://www.communityhealthlink.org)

**Epworth United Methodist Church** **508-798-2376**

Free Medical Service Program

64 Salisbury St. (across from Art Museum) Worcester

Free walk-in clinic Monday 6:00 pm – 8:00 pm

Acute medical care, diagnostic tests, pharmacy assistance, medical equipment assistance, physicals, Ob/Gyn and women’s health exams. Interpreters available with advance notice.

**Family Health Center** **508-860-7700**

26 Queen St, Worcester

**TTY 508-860-7750**

**Urgent Care**

**508-860-7777**

Monday – Friday 8:00 am – 7:30 pm

Primary Care hours are Monday – Friday 8:30 am – 5:00 pm

Mental health clinic, TB clinic, lab & x-ray, insurance physicals, homeless families program, HIV, Southeast Asian health program, maternal and child health, immunization for children and adults, teen health program, asthma & diabetes programs, Women in Crisis program. Dental Clinic provides preventive, restorative and emergency care

Free care is provided if gross yearly income is below 200% of federal income guidelines.

**Great Brook Valley Health Center**

**508-852-1805**

19 Tacoma St., Worcester

Primary healthcare for infants, children, teens, adults and seniors, asthma program, breast and cervical cancer initiative, developmental assessments, diabetes program, family planning, HIV/AIDS, home visits, lab work, nutrition counseling, podiatry, teen clinic, smoking cessation, optometry, STD treatment, therapy for adults, children, family and group. Immunizations for children and adults by appointment only. Dental Clinic provides preventive, restorative and emergency treatment. Call at 7:30 am for an appointment. Free childcare during visits. Pharmacy and Social Service Dept. on site. English, Spanish, Portuguese, American Sign Language. Free care is provided if gross monthly income is below 200% of Federal Income Guidelines.

**Green Island Free Medical Services**

**508-753-4661**

50 Canton St. (in Crompton Park), Worcester

Free walk-in clinic Monday thru Friday 8:00 am – 4:00 pm  
Healthcare for adults, teens, children and infants. Developmental assessments, blood glucose screening, flu clinics, referrals for diagnostic testing, assistance provided for follow-up services. Pharmacy assistance. Interpreters available with advance notice. Children's immunizations: call Tuesday between 9:30 am – 11:30 am to schedule at Thursday appointment with a pediatrician. Adult immunization program, appointment preferred.

**Hahnemann Family Health**

**508-792-8830**

279 Lincoln St., Worcester

By appointment only: Monday & Thursday 8:30 am – 5:00 pm  
Tuesday, Wednesday & Friday 8:30 am – 5:00 pm  
Comprehensive primary care health center for infants, children, teens, adults and seniors. Programs include: Asthma and diabetes, health education, physicals, immunizations, smoking cessation.  
Free care is provided if gross monthly income is below 200% of federal income guidelines.

**Health Awareness Services of Central MA, Inc.**

**508-753-0800**

405 Grove St., Worcester

800-637-5466

Services in Worcester, Marlborough, Milford & Southbridge  
Family Planning, Health Care, testing and treatment for sexually transmitted diseases, cancer screening, immunization services for adults and children. . HIV counseling and testing services free of charge.  
Walk-ins accepted. Call for times and locations.

**Multi Service Center of Leominster****978-537-7395**

53 Merriam Ave., Leominster

Free screenings: diabetes, blood pressure, cholesterol, health education, nutrition counseling, adult vision and hearing programs, children's dental, vision, hearing. Women In Crisis program, free mammograms, post-mastectomy programs

**Plumley Village Health Services****508-831-1272**

34 Laurel St. Worcester

Primary Care Health Center, physicals, free childhood immunizations Wednesday 1:30 pm – 3:30 pm, pregnancy clinic, birth control service, Women In Crisis program, HIV/AIDS, teen clinic, 2<sup>nd</sup> Monday of the month 4:30 pm – 7:00 pm. Free care is provided if gross monthly income is below 200% of federal income guidelines. By appointment only. Spanish & English.

**UMassMemorial Ronald McDonald Care Mobile****508-334-6073**

119 Belmont St., Worcester

Routine physical exams, immunizations, hearing/vision testing, nutritional analysis, mental health counseling, dental exams, cleanings The mobile, staffed with a doctor, nurse practitioner and dental and lab personnel, makes scheduled stops at various locations in the Worcester area Monday thru Friday between 12:00 noon and 6:00 pm Call for an appointment or for scheduled stops. The van is wheelchair accessible via hydraulic lift.

**Eye & Ear Clinic at****508-799-4191****Wesley United Methodist Church**

114 Main St. (near Courthouse), Worcester

Eyeglasses or hearing aids for adults and children, uninsured or underinsured. Walk in, no appointment necessary.

**Eye care and hearing testing programs.** Call on Monday 6:00 pm – 8:00 pm for more information. Eyeglasses: \$15.00 single lens, \$25.00 bifocals, children's glasses are free.

**Ear care program:** For hearing screening and referral to low cost hearing aids (\$25.00 - \$50.00 depending on aid)

**Optometry Exams:** Monday 6:00 pm – 8:00 pm

**Ophthalmology:** Glaucoma & Diabetic Retina Exams, 1<sup>st</sup> Monday of the month 6:00 pm – 8:00 pm

**Hearing Evaluation:** 2<sup>nd</sup> & 4<sup>th</sup>. Monday of the month 6:00 pm – 8:00 pm

**Women's Health Network (VNA Program)****877-414-4447**

Funded by MA Dept. of Public Health

Free health services including breast and cervical cancer screening in individual physician offices if income is below 250% of federal poverty level or have no insurance and are 40+ years of age.

Call for schedule: Milford/Whitinsville  
Southboro/MetroWest  
Worcester/Central MA

**508-422-2836**  
**888-663-3688 x5556**  
**888-663-3688 x6727**

**Worcester Senior Center**

**508-799-1892**

128 Providence St., Worcester

Health care programs for senior citizens in the City of Worcester. Call for a clinic schedule.

**NUTRITION ASSISTANCE/EDUCATION**

**Montachusett Opportunity Council**

**978-345-7040**

133 Prichard St., Fitchburg

Elderly Nutrition Programs on site and in home

**978-345-8501**

*Other services offered by Montachusett O.C.:*

*ProHealth: Health and well-being programs and family planning.*

*Spanish and English*

**978-345-8501**

*Mariposa Program: Teen parent childcare & support*

**978-343-0185**

**PRESCRIPTION ASSISTANCE**

**Boehringer Ingelheim Cares Foundation**

**800-556-8317**

Call for guidelines and assistance.

**Citizen's Health Drug Discount Plan**

**800-581-8309**

A discount drug-buying program for Massachusetts, Connecticut and Rhode Island residents. \$12.00 per year membership fee for individuals and \$28.00 per year for families. Drugs are discounted 10% - 40%. Can be ordered by mail for additional savings. No income or age limits, however, drugstore must be one will to accept the program card. Call for list of participating pharmacies. [www.citizensenergy.com](http://www.citizensenergy.com)

**Eli Lilly & Co.**

**877-795-4559**

Eligible Medicare beneficiaries are issued a discount card and pay a flat \$12.00 fee for a 30 -day supply of prescription drugs made by Lilly.

Qualifications: no prescription insurance, annual income below \$18,000 for individual and \$24,000 for household.

**"Free & Low Cost Prescription Drugs"**

**202-478-0481**

Booklet available from the Cost Containment Research Institute, Washington, DC. Minimal charge. [www.institutedc.org](http://www.institutedc.org)

**Glaxo Welcome Company**

**Enroll patients 866-728-4368**

**Enroll oncology patients 866-265-6491**

Medical or social service staff person must act as advocate/intermediary for patient in the application process. Advocate calls for or downloads application, fills out with patient and calls the toll-free number. Application is reviewed by phone and if patient qualifies a 30-day supply of prescription medication is authorized immediately. Advocate then mails application to Glaxo. Once verified, an additional (max) 60-day prescription will be approved. Separate procedure if drug will be ongoing maintenance. [www.ipp.qsk.com/pap](http://www.ipp.qsk.com/pap)

**MassHealth**

**888-665-9993**

If you are HIV+ and qualify, MassHealth will pay for your health care even if you do not have AIDS or are not disabled. It will cover many services to keep you healthy: Doctor visits, medications, lab tests, mental-health services, substance abuse treatment services, hospital stays, dental care, eyeglasses and more. You may be eligible for MassHealth whether or not you work and even if you have health insurance. You may qualify if your monthly income (before taxes and deductions) is at or below these amounts. For self-employment use your total business income from line 12 on your most recent US Tax Return. For rental income use the net rental income from line 26 on your most recent Schedule E.

**MassMedLine**

**866-633-1617  
508-373-0031**

Massachusetts College of Pharmacy and Health Science under contract with the Massachusetts Executive Office of Elder Affairs, operates the Pharmacy Outreach Program as a public service to the people of the Commonwealth. The purpose of the program is to work closely with local and statewide healthcare resources, physicians and patients to help relieve the burden of medical expenses.

Clients can inquire about prescription drug medication support programs that are available at low cost or free of charge. Clients are also welcome to ask any questions regarding their medications and general health. Free interpreter services on request.

Web page: [www.massmedline@mcp.edu](mailto:www.massmedline@mcp.edu)

**Novartis**

**866-974-2273**

Qualifications: Medicare recipient, no prescription coverage, \$26,000 max income for individuals, \$35,000 couple. Can obtain application from web page: [www.novartis.com/carecard](http://www.novartis.com/carecard)

**Patient Assistance Program**

**202-835-3410**

Many pharmaceutical companies offer free prescription medicines to low income uninsured patients. Call for a free directory of these companies and of the products available through this program or go to Pharmaceuticals Research and Manufacturers of America's web page: [www.helpingpatients.org](http://www.helpingpatients.org)

**Prescription Advantage Plan**

**800-243-4636**

Executive Office of Elder Affairs

Program for Massachusetts's resident's age 65+ and those with disabilities. Call for application. Co-payment based on Federal Poverty Income guidelines. Premiums range from \$15.00 - \$28.00 monthly. \$100.00 - \$500.00 deductible a year. Once the maximum out of pocket level is reached, the full cost of prescription medication is covered.

**Pfizer Company**

**800-707-6005**

Pfizer offers its prescription drugs to uninsured Medicare beneficiaries for a flat fee of \$15.00 for each 30-day supply. Any beneficiary who has no other prescription insurance and whose gross income is less than \$18,000 a year (individual) or \$24,000 a year (family) is eligible for the card. The card can be used for all the prescription drugs made by Pfizer including: Lipitor (cholesterol), Norvasc (high blood pressure), Neurotin (epilepsy), and Zoloft (depression), and more. The card also covers two drugs that Pfizer co-promotes but does not make: Zyrtec (antihistamine) and Aricept (Alzheimer's disease). [www.pfizerforliving.com](http://www.pfizerforliving.com)

**Worcester District Medical Society RX Fund**

**508-753-1579**

321 Main St, Worcester

Temporary assistance with prescriptions for uninsured or those who have no prescription coverage while application for MassHealth etc. is being processed. Will provide one month of medications (up to \$50) or two weeks if the cost is more than \$50. Excludes controlled substances and antidepressants. Prescriptions must be called into Family Meds Pharmacy, Worcester by a physician. The fund is possible from generous donations from the Society's physician members.

**REHABILITATION SERVICES**

**Auburn District Nursing Association**

**508-791-0081**

191 Pakachoag St., Auburn

Occupational, physical and speech therapy.

*Other services offered by ADNA: Nursing, medical social services, home health aides, nutritional counseling and senior companions. Health screening, flu and pneumonia clinics for the elderly. Sliding fee scale.*

**Center of Hope SWCARC, Inc.**

Southbridge

Rehabilitation center provides evaluation, training, job placement, shelters and work programs.

Referrals through MRC &amp; DMR, some self-referral. No fees.

For more information call Monday thru Friday 8:00 am – 4:30 pm.

**Clients: 508-764-4085****Admin: 508-764-3089**

*Other services offered: Adult day care, Respite House services, emergency relief food and clothing programs, parent support groups, Special Olympics program offered year round. After school and camping programs also available.*

**Fairlawn Rehabilitation Hospital**

189 May St., Worcester

Office hours 24 hours a day, 365 days a year

Accepts: MassHealth, Medicare, private insurance, sliding fee scale

Must be referred from community and other hospitals

Interpreters provided upon request.

**508-791-6351 x190****TTY 508-791-7-9179****Visiting Nurse Association**

120 Thomas St., Worcester

Nursing, Home Health, Rehabilitation and physical therapy

Sliding scale fee based on income

Monday thru Friday 7:30 am – 11:30 pm

Saturday and Sunday 7:30 am – 6:00 pm

**508-756-1545****800-521-5539****TEEN HEALTH/COUNSELING/PARENTING****Auburn Youth & Family Services**

21 Pheasant Court, Auburn

Individual, group and family counseling. Parent/toddler and teen adventure programs. High school and middle school programs.

Sliding fee scale.

**508-832-5707 x11****Child & Family Counseling Center**

20 Cedar St., Worcester

Diagnostic, treatment and medication plans for ages 0-22 years

Multi-lingual. Sliding fee scale.

**508-753-5425****Family Health Center**

26 Queen St, Worcester

**Urgent Care**

Monday – Friday 8:00 am – 7:30 pm

**508-860-7700****TTY 508-860-7750****508-860-7777**

## Teen Health program

*Family Health Center also provides:*

*Mental Health Clinic, TB Clinic, Lab & X-ray, Insurance physicals, Homeless Families Program, HIV, Southeast Asian Health Program, Maternal and Child Health, Asthma & Diabetes Programs, Immunizations, Women in Crisis Program. Dental Clinic provides preventive, restorative and emergency care, immunization for children & adults  
Free care is provided if gross yearly income is below 200% of federal income guidelines.*

*Primary Care hours are Monday – Friday 8:30 am – 5:00 pm*

*Sunday 10 am – 2:00 pm*

*Pharmacy and Social Services on site. Interpreters available*

## **Great Brook Valley Health Center**

**508-852-1805**

19 Tacoma St., Worcester

Teen Health Program

*Other services offered: Primary healthcare for infants, children, teens, adults and seniors, asthma program, breast and cervical cancer initiative, developmental assessments, diabetes program, family planning, HIV/AIDS, home visits, lab work, nutrition counseling, podiatry, smoking cessation, optometry, STD treatment, therapy for adults, children, family and group. Immunizations for children and adults, by appointment only. Dental Clinic provides preventive, restorative and emergency treatment. Call at 7:30 am for an appointment. Free childcare during visits. Pharmacy and Social Service Dept. on site. English, Spanish, Portuguese, American Sign Language. Free care is provided if gross monthly income is below 200% of Federal Income Guidelines.*

## **Hahnemann Family Health**

**508-792-8830**

279 Lincoln St., Worcester

Teen Healthcare

By appointment only: Monday & Thursday 8:30 am – 5:00 pm

Tuesday, Wednesday & Friday 8:30 am – 5:00 pm

*Other services offered: Comprehensive primary care health center for infants, children, teens, adults and seniors. Programs include: Asthma and diabetes, health education, physicals, immunizations, smoking cessation.*

*Free care is provided if gross monthly income is below 200% of federal income guidelines.*

## **Problem Pregnancy of Worcester, Inc.**

**508-856-0700**

623-625 Lincoln St., Worcester

Free pre and postnatal care and ultrasound testing.

*Other services: confidential pregnancy counseling, post abortion counseling, free maternity and infant clothing and equipment, housing assistance and referrals to appropriate medical providers and services.*

**Teen Health Program at Family Health Center** **508-860-7770**

26 Queen St., Worcester

Confidential health care and counseling for teens. Age 12 – 21  
Service include physical exams, immunizations, minor illness, birth control, sports physicals, lab & x-ray testing, pregnancy testing, health, alcohol, drug and smoking education and counseling, treatment for sexually transmitted diseases, diet education, HIV education and testing, counseling for depression, relationships and family issues.

Walk in Tuesday and Thursday 1:30 pm – 5:00 pm or call for an appointment. \$3.00 fee although nobody is denied treatment.

**Worcester Youth Center, Inc.** **508-341-9416**

27 Chandler St., Worcester

**or 508-334-7642**

Medical Clinic 2<sup>nd</sup> & 4<sup>th</sup> Tuesday of the month 3:00 pm – 6:00 pm

Preventive health education Tuesday & Thursday 2:00 pm – 6:00 pm

Clinic is walk-in, but must call to sign up.

**Worcester Youth Guidance Center** **508-791-3261**

275 Belmont St., Worcester

*(A division of Community Healthlink)*

Clinical and support services for adolescents who have been victimized by date violence, sexual assault, gang violence, sexual orientation violence. Individual, family & group therapies. GLBT support services, crisis stabilization, psycho-educational workshops.

Emergency response team. Support and counseling services for teens, regardless of ability to pay.

**YMCA – Worcester & Westborough** **508-791-3181**

Salem Square, Worcester

Teen mentor program.

**You, Inc. Counseling Center** **508-849-5600**

Worcester

Southbridge

**508-765-9101**

**Young Parent Program – support & GED prep.** **508-767-2505 x3028**

Family, individual, marital, school, drug and alcohol counseling. Psych testing and evaluations, sexual abuse, HIV, grief, depression programs.

All insurance and sliding scale fees. Multi-lingual, including ASL.

**YouthNet Worcester** **508-849-5600**

81 Plantation St., Worcester

Free neighborhood recreational, educational and cultural activities to underserved youth. Teen pregnancy prevention, substance abuse counseling, community service projects and recreation.

## **VETERAN'S SERVICES**

### **Massachusetts Veteran's Shelter**

**508-791-5348**

69 Grove St., Worcester

Veterans who were honorably discharged from the armed forces are eligible for prescription drugs, eyeglasses and hearing aides, as well as medical services. \$2.00 co-pay on medications. Some spousal benefits.

### **Veterans Administration Outpatient Clinic**

**508-856-0104**

597 Lincoln St., Worcester

Outpatient medical, physical therapy, referral for hospitalization to VA medical centers, diagnostic evaluations, alcoholism, nutritional counseling, women's health program, influenza injection clinics, on-site pharmacy and radiology. Mental health clinic, psychiatric medication, evaluation and treatment

## **VISION SERVICES**

### **Multi Service Center of Leominster**

**978-537-7395**

53 Merriam Ave., Leominster

Adult vision and hearing programs  
Children's dental, vision, hearing

*Multi-Service Center also provides:*

*Free screenings: diabetes, blood pressure, cholesterol, health education, nutrition counseling, Women in Crisis program, free mammograms, post-mastectomy programs*

### **UMassMemorial Ronald McDonald Care Mobile**

**508-334-6073**

119 Belmont St., Worcester

Free vision testing for children

The mobile, staffed with a doctor, nurse practitioner and dental and lab personnel, makes scheduled stops at various locations in the Worcester area Monday thru Friday between 12:00 noon and 6:00 pm

Call for an appointment or for scheduled stops. The van is wheelchair accessible via hydraulic lift.

*Other services for children offered by the Ronald McDonald Care Mobile:*

*Routine physical exams, immunizations, hearing testing, nutritional analysis, mental health counseling, dental exams, cleanings, X-rays, fluoride applications, sealants and dental referrals.*

**Vision Community Services**

**(toll-free) 888-613-2777**

799 W. Boylston St., Worcester-  
Information service.

**Worcester Host Lions Club**

**508-798-4255**

Worcester  
Free eye exams, eyeglasses.

*Worcester Host Lions Club also offers: Free hearing exams, hearing aids for uninsured or underinsured individuals. Eligibility is determined on a case-by-case basis. Service or healthcare provider should call for an application form.*

**Eye & Ear Clinic at  
Wesley United Methodist Church**

**508-799-4191**

114 Main St. (near Courthouse), Worcester  
Eyeglasses or hearing aids for adults and children, uninsured or underinsured. Walk in, no appointment necessary.

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**Vision Community Services**

**508-791-8237**

51 Harvard St., Worcester

**Toll-free 888-613-2777**

**Taped News 508-791-6911**

A division of the Massachusetts Assn. For the Blind. [www.mablind.org](http://www.mablind.org)