

WORCESTER DISTRICT MEDICAL SOCIETY

WORCESTER MEDICAL LIBRARY, INC.

# ANNUAL REPORT

2019-2020



Stay Connected . . . . Visit [www.wdms.org](http://www.wdms.org)

**Table of Contents**  
**Worcester District Medical Society**  
**Worcester Medical Library, Inc.**  
**Annual Report 2019-2020**

Message from the Executive Director

Officers/Delegates/Executive Committee

Finance Committee and Treasurer's Report

Legislative Committee

Medical Education Committee

Membership Committee

Anniversary Members

Memorials Committee

Public Relations Committee

Publications Committee

Editorial Board

Scholarship Committee

Awards Committee

Public Health Committee

Women's Caucus

Worcester Medical Library, Inc.

Worcester District Medical Society Alliance

Curator's Report

**Worcester District Medical Society  
Executive Director's Message  
2019-2020**

It's now been a full year since I've become the ED for WDMS. We had a very busy and successful year, including a Gala on September 27<sup>th</sup>, 2019 to celebrate our 225<sup>th</sup> "birthday" as the 3<sup>rd</sup> oldest medical society in the country, something of which I was so proud to be a part. Thanks to our generous donors and sponsors, we raised \$25k (after expenses) which was donated to our Scholarship Fund.

This report will highlight our 2019-2020 programs and events we held, although several towards the end of the year had to be canceled due to the beginning of the COVID-19 Pandemic. It is uncertain at this time how long our in-person events will be "on hold", pending the outcome of the pandemic.

Our Television program, *Health Matters* remains active as we continue to interview local physicians and other care-givers and leaders in the medical community. If you have ideas for future episodes or wish to be a guest, please contact Melissa Boucher at 508-753-1759 or [MBoucher@wdms.org](mailto:MBoucher@wdms.org).

Major developments evolved with our Magazine. After many years of collaborating with Pagio Inc. to produce *Worcester Medicine*, we will now be working with Studio DiBella for our editing and design/layout.

We also have a new web-developer, Artefact, Inc. We plan on giving our website a major face lift by providing new, easy to use platforms for viewing our events, magazine and TV programs. We plan on developing new pages to contain information about WDMS, WDMA, WML and links to donate to our Medical Student Scholarship Fund.

Finally, I'm pleased to introduce a new Special Committee, our Medical Student Committee. It is comprised of at least 8 students, two from each year in medical school, a physician co-chair and a student co-chair. We hope to further strengthen our ties with UMass Medical School and encourage our local students to become more involved with WDMS by organizing events, taking on leadership roles and further engaging students in organized medicine within the community.

I'd like to thank our President, Dr. Sahdev Passey, for his leadership and guidance and am grateful for all I've learned. And now, I welcome, Dr. Spiro Spanakis as our next President and Dr. Giles Whalen to accompany him as our Secretary.

Respectfully Submitted,

Martha Wright, MBA  
Executive Director

**Worcester District Medical Society  
2019-2020**

**Officers**

President	Sahdev Passey
Vice President	Spiro Spanakis
Secretary	Giles Whalen
Treasurer	Dale Magee
Orator	Sanjiv Chopra

**Delegates**

George Abraham	Lawrence Garber	Thomas Rosenfeld
Janet Abrahamian	Susan George	Abhijit Roychowdhury
Alan Albert	Wayne Glazier	Prithwjit Roychowdhury
Syed Ali	Abhinav Gupta	Peter Schneider
Frederic Baker	Richard Haas	Manjul Shukla
Bruce Bertrand	Bruce Karlin	Robert Sorrenti
Richard Bream	Kenneth Kronlund	Spiro Spanakis
James Broadhurst*	William Lavelle*	Leo Stolbach
William Cohen	Patrick Lowe	Rebecca Ukaegbu
Michelle Dalal	B. Dale Magee*	S. Ram Upadhyay
Dennis Dimitri*	Pawan Mathew	Rohit Vakil
Lynn Eckhert	Saharsh Mehta	Giles Whalen*
Louis Fazen	Richard Moschella	Lynda Young*
Marianne Felice	Miriam O'Neil	Peter Zacharia
Lloyd Fisher	Sahdev Passey*	
Jeffrey Gallo	Alwyn Rapose	* ex officio

**Executive Committee**

Sahdev Passey, Chair	Spiro Spanakis
George Abraham	Paul Steen
Frederic Baker	Giles Whalen
James Broadhurst	Lynda Young
Michael Hirsh	
Bruce Karlin	<i>Student Representative</i>
Jane Lochrie	Patrick Lowe
Dale Magee	
Mary O'Brien	<i>Alliance Representative</i>
Michele Pugnaire	Elisa Chan
Thomas Rosenfeld	
Peter Schneider	
Robert Sorrenti	

**Worcester District Medical Society  
Finance Committee  
2019-2020**

**WDMS Treasurer's report**

The Worcester District Medical Society is, by far, the most active of the 20 districts. We offer more events, committees and community activities than the others. Our goal is to promote collegial relationships and promote the ideals that brought our members to a career in medicine. Thanks to our full-time staff, energetic officers and members we have not only one of the highest percentages of practicing physicians as members but also a high level of member engagement.

**Income:** The Society has an income of ~\$320,000 per year of which ~\$150,000 is dues. Our regular dues are \$185/yr for practicing physicians with discounts for 1<sup>st</sup> year in practice, couples and residents. UMass Medical School pays for a membership for each of its students (\$10/yr). The remainder of income comes from support provided by the Worcester Medical Library through investment income to help with our educational efforts (~\$40,000), advertising for Worcester Medicine (~\$10,000), a grant from the Massachusetts Medical Society (MMS) (\$5,000) as well as other sources including meeting charges for non-members. Louis Cottle, a member who passed away in 1951, left earnings from his estate to the WDMS starting in 2007. This amount varies from year to year and is ~\$50,000.

**Expenses:** Society expenses consist primarily of staff salaries and benefits (~\$125,000), rent (~\$25,000), Worcester Medicine (~\$30,000), committee meetings and events (~\$50,000) and office administrative, professional fees, printing and postage (~\$60,000).

**Gala:** During 2019 we celebrated the 225<sup>th</sup> Anniversary of the WDMS. The costs associated with this were ~\$50,000, revenues from advertising, tickets and donations were ~\$75,000. A contribution of just over \$24,000 was made with the net proceeds to the WDMS scholarship fund.

Moving forward we have the following initiatives:

- Alignment of our financial software with the Society budget to allow prompt, easy, accurate reporting and tracking.
- Improved communication with the MMS regarding dues collection and member rosters.
- Review of all costs and vendors to look for opportunities to cut costs or deliver better services.
- Review member communications and seek improved communications and cost savings through electronic delivery. During the past year we have moved to Constant Contact as our email service. This has substantially improved our ability to email members and has given us analytics regarding communication.
- Review our web presence and seek opportunities to modernize.
- We have implemented use of Eventbrite for meetings and moved to online ticketing and online credit card payment.
- We have implemented PayPal for the Scholarship fund to allow online donations.

Financially the Society is doing well. We anticipate pressures on income going forward and seek opportunities to cut costs while improving member benefits.

**Finance Committee**

B. Dale Magee, Treasurer	Peter Schneider
Sonia Nagy Chimienti	Stuart Weisberger
Lloyd Fisher	Peter Zacharia
Kenneth Kronlund	

Respectfully submitted,  
B. Dale Magee, MD, Treasurer

**Worcester District Medical Society  
Legislative Committee  
2019-2020**

WDMS Legislative Committee was represented again this year at the MMS COL by Drs Giles. The issues raised at the annual Legislative Breakfast continue to align with MMS positions and we claim some success.

We again planned to collaborate with our local and state legislators on issues important to them and asked for ways we could help. In turn, we would propose issues with which we are concerned and discussed ways the legislators could help. Many were particularly happy with this format as it allows them to be better informed from those in the trenches. However, the breakfast was canceled due to COVID -19.

There are no plans to reschedule and will resume in 2021.

Respectfully submitted,

Giles F. Whalen MD, Chair

**Legislative Committee**

Giles Whalen, Chair	Timothy Hopkins
Dennis Dimitri	Sahdev Passey
Marianne Felice	Frederic Schwartz
Jeffrey Gallo	
Wayne Glazier	<i>Resident Representative</i>
Michael Hirsh	Jatinder Patti

**Worcester District Medical Society  
Medical Education Committee  
2019-2020**

Due to the COVID-19 Pandemic, we did not have an event for 2019.

We continue to solicit your suggestions and nominations for speakers to keep our programs relevant and interesting. Please email or call the District Office if you have not been heard and help us fulfill our mission for the society.

I'd like to thank the Committee members for their hard work and thoughtful suggestions as we plan our events.

Respectfully submitted,

Mary O'Brien, MD, Chair

**Medical Education Committee**

Mary O'Brien, *Chair*  
Sandra Augusto  
Frank Fechner  
Jay Glaser  
Laszlo Leb  
Jane Lochrie

*Resident Representative*  
Firas Kaddouh  
  
*Student Representative*  
Miriam O'Neil

**Worcester District Medical Society  
Membership Committee  
2019-2020**

<u>3/23/2020</u>	<u>4/1/2016</u>	<u>3/27/2017</u>	<u>3/19/2018</u>	<u>3/25/2019</u>	
1st Year Practice	96	126	138	136	172
Joint/Family	30	29	26	25	22
Physicians	847	830	783	758	740
Seniors/Emeritus	151	155	157	165	170
Residents	544	594	601	603	619
Students	500	518	570	618	651
CHC/Comp	n/a	n/a	n/a	49	53
Military	n/a	1	1	1	1
Waived	5	6	7	2	5
<b>Total Members</b>	<b>2200</b>	<b>2259</b>	<b>2328</b>	<b>2357</b>	<b>2433</b>

Once again our membership has increased. WDMS is proud to represent 2433 physicians and medical students in Central Massachusetts. Membership dues are what allows us to offer our members a variety of events that are interesting and educational.

We strive to provide programs that will increase the level of participation and involvement of young physicians, residents and students and are committed to represent and serve our members.

Please be sure to keep your membership up-to-date and also please help us recruit new members by sharing our events and accomplishments with your colleagues who are not members of WDMS.

Respectfully submitted

Sahdev Passey, MD, Chair

**Membership Committee**

Sahdev Passey, Chair	Jane Lochrie
James Broadhurst	Peter Schneider
Marianne Felice	Spiro Spanakis
Michael Hirsh	



**Worcester District Medical Society  
Anniversary Members  
2019-2020**

**50 Year Members**

Hugh S. Fulmer, M.D.  
John A. Paraskos, M.D.  
Reid Roberts, M.D.  
Paul S. Schwartz, M.D.  
James D. Villiotte, M.D.

**25 Year Members**

Janice F. Lalikos, M.D.  
John B. McCahan, M.D.  
Gabrielle M. Reine, M.D.  
Stacia R. Sailer, M.D.  
Judith A. Stebulis, M.D.  
Deborah A. Sullivan, M.D.  
Rachel A. Vespole, M.D.  
Leonard A. Waice, D.O.

**Worcester District Medical Society  
Memorials Committee  
2019-2020**

**In Memoriam**

<b><u>Member</u></b>	<b><u>Date of Birth</u></b>	<b><u>Date of Death</u></b>	<b><u>Members Since</u></b>
Marvin Baum, MD	1-21-1921	6-15-2019	1950
J. Barry Hanshaw, MD	12-23-1928	12-19-2019	1980
Alicia Rudinicka-MacGillivray, MD	4-11-1942	1-5-2020	1993
John F. Hoell, MD	3-31-1933	5-22-2020	1964
N. Allan Harris, MD	11-26-1950	5-24-2020	1982

Respectfully submitted,  
Memorials Committee

**Memorials Committee**  
Sidney Kadish

**Worcester District Medical Society  
Public Relations Committee  
2019-2020**

"Health Matters" remains the cornerstone for the public relations outreach of WDMS. Now in its sixteenth year, "Health Matters" is the public access cable broadcast of thirty-minute shows featuring lively discussions on relevant and diverse health topics affecting patients and the community.

"Health Matters" reaches a T.V. audience of at least 56,000 households and airs three times a week in Worcester, Shrewsbury, Hopkinton and Holden. Live-streaming and on-line archiving of episodes are available at [www.wdms.org](http://www.wdms.org).

Our hosts include Doctors James Broadhurst, Michael Hirsh, Bruce Karlin and Lynda Young. If you have an interesting topic in mind and wish to be a guest on our show, please contact WDMS directly at 508-753-1579.

**Health Matters Shows for 2019-2020**

**Community Wide Health Fair**

Host: Michael Hirsh, MD  
Guests: Rebecca Ukaegbu  
and Maureen Ifeoma Ogamab

**Venous Thromboembolism/Deep Vein Thrombosis**

Host: Lynda Young, MD  
Guest: Alvaro Alonso, MD

**Female Pelvic Medicine and Reconstructive Surgery**

Host: Lynda Young, MD  
Guest: Cynthia Hall, MD

**Training and the Primary Care Doctors of Tomorrow**

Host: Bruce Karlin, MD  
Guests: Daniel Lasser, MD and Terence Flotte, MD

**225 Years of Medicine in Worcester**

Host: Bruce Karlin, MD  
Guest: Dale Magee, MD

**Live Strong Program**

Host: James Broadhurst, MD  
Guests: Brenda Jenkins, Matthew Evans and Keith Tatum

**Vaping Prevention: Flavor Regulations with Menthol,  
Mint and Wintergreen**

Host: James Broadhurst, MD  
Guest: Tina Grosowsky

**Vaccine**

Host: Bruce Karlin, MD  
Guest: Alwyn Rapose, MD

**Worcester District Medical Society  
Public Relations Committee  
2019-2020  
Con't**

**Public Health Response to the Vaping Crisis**

Host: Bruce Karlin, MD  
Guests: Michael Hirsh, MD and Tina Grosowsky

**Climate Change-the Public Health Challenges  
and How We can Face Them**

Host: Michael Hirsh, MD  
Guest: Matthew Masiello

**Gun Buy Back Program**

Host: Michael Hirsh, MD  
Guests: Deputy Chief Edward McGinn, Jr. and  
District Attorney Joseph Early, Jr.

**An Update from the UMass Medical School Chancellor**

Host: Bruce Karlin, MD  
Guest: Chancellor Michael Collins

**WDMS 225 Anniversary**

Host: Bruce Karlin, MD  
Guest: Dale Magee, MD

**Worcester Healthy Baby Collaborative**

Host: Michael Hirsh, MD  
Guests: Sara Shield, MD and Vanessa Villamarin

**Surviving COVID-19: A Medical Student's Point of View**

Host: Bruce Karlin, MD  
Guest: Michelle Shabo

**Improving Inpatient Sleep Quality**

Host: Michelle Shabo  
Guests: Ezequiel De Leon and Katherine Sadaniantz

Respectfully submitted,

Michael Hirsh, MD, Chair

**Public Relations Committee**

Michael Hirsh, Chair	Lazlo Leb
James Broadhurst	Dale Magee
Marci Jones	Ram Upadhyay
Bruce Karlin	Lynda Young

**Worcester District Medical Society  
Publications Committee  
2019-2020**

The Publications Committee manages the materials published by the District with the primary focus on *Worcester Medicine*. *Worcester Medicine* is published bimonthly and provides a unique perspective on current health care issues within central Massachusetts. The magazine is produced by the Editorial Board which has representation from the District members but also from others within our healthcare community, such as the Worcester campus of the Massachusetts College of Pharmacy and the Graduate School of Nursing and the Biochemistry and Molecular Pharmacology at the University of Massachusetts Medical School.

The Publications Committee acknowledges the excellent work of the Editorial Board. The 2019-2020 issues of *Worcester Medicine* covered important health care topics such as:

<u>May/June 2019:</u> Summary	Update in Orthopedics
<u>July/August 2019:</u> Summary	Special 225 <sup>th</sup> Anniversary Edition
<u>September/October 2019:</u> Summary	Interviews from "The Worcester People Project"
<u>November/December 2019:</u> Summary	Social Determinants of Health
<u>January/February 2020:</u> Summary	Innovations in Health Care
<u>March/April 2020:</u> Summary	Update in Perinatology

Publications Ending Blurb

Respectfully submitted,

Robert Sorrenti, MD, Chair

**Publications Committee**

Robert Sorrenti, Chair  
Anthony Esposito  
Lloyd Fisher  
Jane Lochrie  
Joel Popkin  
Paul Steen

**Worcester District Medical Society  
Scholarship Committee  
2019-2020**

It is a pleasure to write this report highlighting the 2019 scholarship award recipients, 22 exceptional medical students who exemplify our medical society's values of community service, academic achievement and professional character.

These students hail from hometowns across the Worcester District and attend diverse medical schools nationwide. Some may come from your own home town, local community or alma mater. The applicants represent eight different medical schools and include students across years 2, 3 and 4 of medical school, some just beginning and others ready to graduate. But despite these differences and rich diversity, they all share one common and pressing need: the burden of student debt. Now more than ever, our medical students face overwhelming debt burdens. The indebtedness of graduating medical students across the country continues to increase, with the median medical school debt now at \$200,000.

The 2019 WDMS Scholarship Program granted an all-time record of 22 awards to these aspiring future physicians. Through your generosity, the Scholarship Fund distributed a total of \$64,500 in scholarships to the award recipients featured in this report.

The Scholarship Fund of the Worcester District Medical Society gratefully acknowledges WDMS members and the dedicated sponsors from the Worcester community whose support makes our scholarship program possible. This year, we also extend special recognition to Suzanne Nieburgs whose generosity on behalf of her husband Dr Herbert E Nieburgs, supported five new "Dr. Herbert E. Nieburgs Scholarship Awards" in 2019. With this gift, we recognize Dr Nieburg's legacy and his distinguished career in cancer research, disease prevention, public health, education, humanism and excellence in patient care.

As Chair of the Committee, I would like to acknowledge our dedicated team of committee members who interviewed and selected this year's award recipients. On behalf of all our committee membership, let me also offer our collective appreciation to Dr. Ken Kronlund, who serves as Trustee of the Scholarship Fund. As a most valued member of the Scholarship Committee since 2001, Dr. Kronlund does a superlative job of safeguarding our scholarship fund and we are most grateful for his service, wisdom and sage stewardship.

Respectfully submitted

Michele P. Pugnaire, MD, Chair

**Scholarship Committee**

Michele Pugnaire, <i>Chair</i>	Heidi Leftwich
Kenneth Kronlund, <i>Trustee</i>	Susan Moran
Janet Abrahamian	Alan Moss
Robert Bessette	Stuart Weisberger
Susan George	Giles Whalen

Jane Lochrie

**2019 WDMS Medical Scholarship Award Recipients**



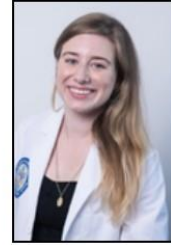
**Alec Allain**  
*Dr. Hebert E. Nieburgs Scholarship Award*  
University of Massachusetts  
Medical School-Class of 2022



**Britney Atwater**  
*RMG Dr. M. Elizabeth Fletcher Scholarship Award*  
University of Massachusetts  
Medical School-Class of 2020



**Reginal Brown**  
*Dr. Hebert E. Nieburgs Scholarship Award*  
University of Massachusetts  
Medical School-Class of 2020



**Catherine Cattley**  
*Dr. Hebert E. Nieburgs Scholarship Award*  
University of New England  
College of Osteopathic Medicine-Class of 2022



**Kelly Flanagan**  
*MRMC John A. Rauth Book Award*  
University of Massachusetts  
Medical School-Class of 2021



**Stephanie Hadley**  
*Worcester District Medical Society Scholarship Award*  
Vanderbilt University School  
of Medicine-Class of 2020



**Jamie Horrigan**  
*Dr. Hebert E. Nieburgs Scholarship Award*  
Albany Medical College-Class of 2020



**Kelsey Jones**  
*Dr. Burte Guterman Scholarship Award*  
University of Massachusetts  
Medical School-Class of 2021



**Akshay Kapoor**  
*Joyce Cariglia and David William Scholarship Award*  
University of Massachusetts  
Medical School-Class of 2020



**Kara Kennedy**  
*St. Vincent Hospital Dr. Gilbert E. Levinson Scholarship Award*  
University of Massachusetts  
Medical School-Class of 2021



**Laura Knapik**  
*Dr. Sanfrey Lilyestrom Scholarship Award*  
University of New England  
College of Osteopathic Medicine-Class of 2022



**Patrick Lowe**  
*Dr. Leonard Morse Scholarship Award*  
University of Massachusetts  
Medical School-Class of 2020

**2019 WDMS Medical Scholarship Award Recipients (Continued)**



**Jacob Lurie**  
*Dr. Hebert E. Nieburgs  
 Scholarship Award*  
 Ichan School of Medicine at  
 Mount Sinai-Class of 2020



**Melissa McCarthy**  
*Dr. Julius Tegelberg Scholar-  
 ship Award*  
 University of Massachusetts  
 Medical School-Class of 2020



**Sophia Mercadante**  
*Amaral Family Book Award*  
 Lewis Katz School of Medi-  
 cine- Class of 2022



**Marc Poirier**  
*Dr. Robert Lebow  
 Book Award*  
 Lake Erie College of  
 Osetopathic Medicine-  
 Class of 2022



**Prithwjit Roychowdhury**  
*Dr. Lillian Luksis Scholar-  
 ship Award*  
 University of Massachusetts  
 Medical School-  
 Class of 2021



**Michelle Shabo**  
*Joyce Cariglia and David Wil-  
 liams Book Award*  
 University of Massachusetts  
 Medical School-Class of 2021



**Rebecca Toohey**  
*Worcester District Medical Society  
 Scholarship Award*  
 University of Massachusetts Medi-  
 cal School- Class of 2022



**Vanessa Villamarin**  
*Paulette Griffin Pugnare  
 Book Award*  
 University of Massachusetts  
 Medical School- Class of 2021



**John "Kyle" Volpe**  
*Worcester District Medical Socie-  
 ty Scholarship Award*  
 Zucker School of Medicine at  
 Hofstra/Northwell- Class of 2020



**Palak Wallia**  
*UMMHC Dr. Samuel Pickens  
 Scholarship Award*  
 University of Massachusetts  
 Medical School- Class of 2021



**Worcester District Medical Society  
Awards Committee  
2019-2020**

***Presented at the WDMS Annual Fall District Meeting and Awards Ceremony, November 21, 2019.***

***The 2019 Worcester District Medical Society Career Achievement Award*** was presented to Lucy M. Candib, MD. This award was established to recognize a Society member who has demonstrated compassion and dedication to the medical needs of patients and/or the public and has made a significant contribution to the practice of medicine.

Dr. Candib is a Professor, Family Medicine and Community Health, UMass Medical School. Prior to retiring in 2016, Dr. Candib had served the patients of Worcester at the Family Health Center of Worcester for over 40 years. A Harvard Medical School graduate, she has been honored locally and nationally with many awards for her dedication, service, and care. Dr. Candib continues to serve the community even after retirement by delivering care to those seeking asylum due to prior persecution and torture, and in teaching students and residents about how to do the medical evaluations for this work with amazing compassion and dignity.

The ***Dr. A. Jane Fitzpatrick Community Service Award*** to William G. Muller, MD, FACP. This award was established by the Medical Society to commemorate the life-long community contributions and exemplary efforts of Dr. Jane Fitzpatrick in the Worcester Community. This award recognizes a member of the healthcare community in Central Massachusetts for their effort beyond professional duty to improve the health and well being of others.

Dr. Muller is the Medical Director/Division Chief, Tri-River Family Health Center. Nearly 40 years ago Dr. William "Bill" Muller began his career as a member of the United States Public Health Service, establishing the Tri-River Family Health Center in the Blackstone Valley. He has served in multiple leadership roles from Associate Dean of Medical Education to Vice President of Medical Affairs at Milford Regional Medical Center and has taught and mentored countless new physicians and has truly dedicated his life to the health and well-being of his patients and our community.

The ***2019 Worcester District Medical Society, President's Award*** was presented to Edward L. Amaral, MD, FACS. This is a special award recognizing an individual for their extraordinary contributions to the health and wellbeing of the medical community, with significant contributions to patients and the community and the profession of medicine.

Dr. Amaral is a Retired General Surgeon. After maintaining a private practice from 1968-1977, He was the Co-founder of the Worcester County Surgical Associates where he worked until 1992, then retired from clinical group practice from The Fallon Clinic in 2005. He has been a devoted and hardworking member of WDMS for the past 53 years. He served as our President from 1996-1997, sat on sixteen committees and has served as one of our Delegates since 1994. Throughout his career, Dr. Amaral served in various leadership roles, received multiple awards and honors, and was involved in many community service projects. The WDMS appreciates Dr. Amaral's services to our community as a surgeon and to the members of this society as a mentor and friend over the years.

**Worcester District Medical Society  
Awards Committee  
2019-2020  
Con't**

Due to the COVID-19 Pandemic, the 2020 Annual Business Meeting and Awards Ceremony, April 15, 2020 was postponed, the below awards will be presented at the 2020 Annual Fall District Meeting and Awards Ceremony, October 22, 2020.

The **2020 Worcester District Medical Society/Massachusetts Medical Society *Community Clinician of the Year Award*** will be awarded to Timothy B. Hopkins, MD. This award recognizes a practitioner who has made significant contributions to patients and community.

The **2020 WDMS Editor's Award** will be presented to Paul M. Steen, MD. This WDMS member has made significant contributions to the Editorial Board which is responsible for the publication of the Worcester Medicine magazine.

I would like to thank the Committee for their hard work and dedication. I would also like to welcome our new member, Fred Baker.

Respectfully submitted,

Michael Hirsh, MD, Chair

**Awards Committee**

Michael Hirsh, <i>Chair</i>	Bruce Karlin
Fred Baker	Jane Lochrie
Marianne Felice	Abhijit Roychowdhury

**Worcester District Medical Society  
Editorial Board  
2019-2020**

The Editorial Board and Worcester Medicine Magazine continue to thrive. As you can see from the list of topics, the Editorial Board continues to report on current and interesting topics and we are never at a loss for authors. Our Editorial Board continues to do a wonderful job and work very well together.

Producing six issues a year is a formidable task and could not be accomplished without a hard-working, dedicated staff. I'm pleased to report that our new editor, Sloane Perron is working out well.

Finally, I'd like to introduce four new members, Drs. Paul Steen, Heather Finlay-Morreale and Ram Upadhyay, and our new Student Representative, Alexandra (Aly) Rabin. Welcome, we look forward to working with you.

Below is a list of the topics from 2019-2020:

**2019**

May/June: Update In Orthopedics  
July/August: Special 225th Anniversary Edition  
September/October: The Worcester People Project  
November/December: Social Determinants of Health

**2020**

January/February: Innovations in Health Care  
March/April: Update in Perinatology

Fortunately, COVID has not stopped the production of our magazine, and our May/June issue will provide an Update in Dermatology.

Respectfully submitted,

Jane Lochrie, MD, Editor

**EDITORIAL BOARD**

Jane Lochrie, <i>Editor</i>	Alwyn Rapose
Lisa Beittel	Robert Sorrenti
Anthony Esposito	Paul Steen
Heather Finlay-Morreale	Ram Upadhyay
Michael Hirsh	Martha Wright, MBA
Anna Morin, PharmD	Peter Zacharia
Nancy Morris, PhD, ANP	
Thoru Pederson, PhD	<i>Student Representative</i>
Joel Popkin	Aly Rabin

**Worcester District Medical Society  
Public Health Committee  
2019-2020**

The Public Health Committee continues to support various public health activities:

**WHO/RX Fund** - The Worcester Healthcare Outreach was formed many years ago to help the underserved to pay for prescription drugs that they ordinarily could not afford, the program operated successfully for many years, but given the changes in health care there's less of a need. Additionally, Rite-Aid Pharmacies are closing. The Executive Committee voted to close the WHO Fund and transfer the balance into a line item account for WHO under the WDMS account. There is approximately \$18,000 that will be used for public health related activities, at the discretion of the PH committee with final approval from the Executive Committee.

**Barbershop Health Network** – This group was rejuvenated by UMass students with the leadership of Rebecca Ukaegbu, UMass - MS4, Gold Humanism Society and Student National Medical Association Member. The long term plan continues to provide educational outreach and resources to minorities in our community, via barbershops, churches and other community centers. We will continue asking our membership to either volunteer to staff the event or to provide slots in their clinics to see patients identified in the screenings to have further investigation in a primary or specialty care setting.

**COVID-19 Pandemic** – On March 13, 2020, we were told to go home. And until further notice, events will be canceled and depending on how long things continue, we will need to make arrangements for working and managing our calendar of events and other activities.

**Goods for Guns** – In 2018, the numbers of gun related deaths in Worcester rose from 1 (2017) to 3. This is still well below the regional statistics for New England cities. We feel the Gun Buyback has played at least some part in this success. There were hundreds of weapons turned in across the country on National Gun Buy Back day in December 2019. This included over 25 towns in Central Mass and the “buy in” with other cities across the country continues to rise.

**UMMS Campus Wide Wellness Campaign** - This is a group including all 3 graduate schools, chaired by Dr. Michael Hirsh, to help manage and tackle the stresses students are experiencing in medical school and work life balance as a result of the pandemic. Dean Flotte is concerned about burnout in the three schools. WDMS will be active on this committee and do what it can to help support and promote its efforts.

I'd like welcome the following new members to the Public Health Committee:  
Drs. Marianne Felice, Kirti Nagpal and medical student Kelly Flanagan.

Respectfully submitted,  
Michael Hirsh, MD  
Chair

Michael Hirsh, *Chair*  
Colleen Bolen  
James Broadhurst  
Matilde Castiel  
Karyn Clark  
Richard Ellison  
Tiffany Forti  
Marianne Felice  
Quang Le  
Kirti Nagpal  
Fozia Qamar  
Abhijit Roychowdhury  
Manjul Shukla

**PUBLIC HEALTH**

Anthony Teebagy  
  
*Resident Representatives*  
Amber Thompson  
  
*Student Representative*  
Kelly Flanagan  
Patrick Lowe  
Rebecca Ukaegbu  
  
*Alliance Representative*  
Francine Vakil

**Worcester District Medical Society  
Women's Caucus  
2019-2020**

The Women's Caucus serves as the planning committee for the Women in Medicine events. This year's annual Women in Medicine Leadership Forum, co-sponsored by PIAM, took place on March 13, 2019. The topic was on Cybersecurity and we hosted an experienced and distinguished panel of IT security experts: Mr. Mike Desrosiers, Founder and Principal, m3ip, Inc., Mr. Adam J. Egdall - President, Technical Computer Solutions, Inc. (TCS3) and Mr. Bruce M. Forman - Chief Information Security Officer, UMass Memorial. This year's Forum was open to all members and their guests. It proved to be very eye-opening and educational and was followed by a thought-provoking Q&A session. A special thank you to the MMS for their assistance and sponsorship as this was approved for *AMA PRA Category 1* Risk Management credits.

The 28<sup>th</sup> Annual Women in Medicine Breakfast, also co-sponsored by PIAM, was held on September 13, 2019 at the Beechwood Hotel in Worcester MA. Our Speaker, was Marcia Lagerwey, Senior Curator of Education, Worcester Art Museum and the title of her talk was *A Medical Journey: Pregnancy and Birth in the Art of Otto Dix*. The event was well attended.

I'd like to welcome new members, Drs. Heidi Leftwich, Kirti Nagpal, and medical student Kelly Flanagan as well as thank Sarah Ohnigian for her service. Finally, it takes a village to orchestrate our programs so I'd like to acknowledge the Committee members listed below as well Martha Wright and Melissa Boucher for all of their hard work, guidance and support.

Respectfully submitted,

Lynda Young, MD, Chair

**WOMEN'S CAUCUS**

Lynda Young, Chair	Manjul Shukla
Annie Abraham	Rebecca Spanagel
Janet Abrahamian	Martha Waite
Marianne Felice	Jennifer Yates
Hari Kirin Khalsa	
Heidi Leftwich	<i>Student Representatives</i>
Jane Lochrie	Kelly Flanagan
Kirti Nagpal	Michelle Shabo
Phyllis Pollack	

**Worcester Medical Library, Inc.  
2019-2020**

The Worcester Medical Library, Inc. was founded by the Society in 1798. The Library is dedicated to supporting educational programs for physicians and to maintaining resources on the history of medicine. In 1973 its collection was brought to the University of Massachusetts Medical School to establish a rare book room in the Lamar Soutter Library and an on-going partnership with the medical school library. In August, 2002, the Library provided the Lamar Soutter Library with a gift to establish the Humanities in Medicine Collection.

Society dues include membership to the Worcester Medical Library (WML), entitling members to access the many services available at the Lamar Soutter Library.

The activities of the Worcester Medical Library include the following:

**Humanities in Medicine Committee:**

The Humanities in Medicine Committee of the Lamar Soutter Library at the University of Massachusetts Medical School will partner with the Worcester District Medical Society and Library to co-sponsor the annual "Meet The Author Series". This is an annual event, usually in May. Due to COVID, the 2020 Meet the Author program was canceled.

**Union Medical Association:**

In collaboration with the University of Massachusetts Medical School Lamar Soutter Library, the link to the case records of the Union Medical Association is now posted on the WDMS website, [www.wdms.org](http://www.wdms.org).

**Spoken History Project:**

Dale Magee, MD, MS, Curator of the WDMS and WML is also the Director of the Spoken History Project which was formed in 1995 to record the experiences of practicing physicians through the ages. Dr. Magee continues to conduct interviews and they are uploaded to the newly developed history page on our website. If you haven't already, please take a few minutes to visit the Spoken History interview: <https://www.wdms.org/spoken-history-project/>.

**Ongoing activities include:**

Oversight of the Worcester Medical Library's historical book collection, which is housed in the Rare Books Room of the Lamar Soutter Library.

Support for the Humanities in Medicine Collection, also in the Lamar Soutter Library. Representatives from the WML serve on the Humanities in Medicine Committee at the Library.

Support for activities conducted at the Lamar Soutter Library.

Financial support for the educational activities carried out by the Worcester District Medical Society

**Worcester Medical Library, Inc.  
2019-2020  
Con't**

The Worcester Medical Library will continue to evaluate opportunities to foster educational programs and projects in the Worcester area.

On behalf of the Board of Trustees, I would like to extend our appreciation and thanks to Dr. Peter Schneider for his continued efforts as the Library's Treasurer.

Respectfully submitted,

Robert Sorrenti, MD, Chair

**Worcester Medical Library Officers**

President	Sahdev Passey
Vice President	Spiro Spanakis
Secretary	Lynda Young
Treasurer	Peter Schneider

**Board of Trustees**

**2020**

Robert Bessette  
Wayne Glazier  
Robert Sorrenti, Chair

**2021**

Phyllis Pollack  
Michele Pugnaire  
Thomas Rosenfeld

**2022**

Edward Amaral  
Anthony Esposito  
Paul Steen

**Curator**

B. Dale Magee

**Worcester District Medical Society  
Alliance  
2019-2020**

The governance of our Worcester Alliance is operating as a board of directors once again. We invite all members in our district to participate in planning and implementation throughout the year.

Many Alliance members celebrated with the WDMS at their 225<sup>th</sup> Anniversary Gala in September. Three of our members were very active in planning the event. With music, dancing and a silent auction fundraiser benefiting Medical School Scholarships, the Gala was a tremendous success.

Our fall get-together, with an attendance of twenty was held at the home of Usha and Ram Upadhyay. We held a brief meeting to discuss fundraising ideas for the upcoming year. Prior to the meeting, members were encouraged to watch the documentary: HEAL. This documentary explores conscious healing and ways you can use your mind to heal your body. After our potluck meal, we had a lively discussion about this documentary.

Through the generosity of our members, we received contributions to provide a nursing scholarship this fall. Our recipient, Lisa McLaren attends MCPHS in Worcester. Our scholarship award was presented at the Worcester District Medical Society's Awards Ceremony, along with 22 medical students receiving awards.

In preparation for the MMSA Holiday Boutique, members gathered at the home of Francine Vakil, on December 5th to package and price our baked goodies. Thank you to all that contributed items to benefit the Foundation.

Respectfully submitted,

Paula Madison  
WDMSA Board

**WDMS Alliance Board**

Paula Madison, *Past President, MMSA*  
Usha Upadhyay, *Treasurer*  
Francine Vakil, *Alliance Representative*  
Maureen Zacharia, *Secretary*



**Worcester District Medical Society  
Curators Report  
2019-2020**

The History of Medicine and of our Society provide insight and context for what may lie ahead. The WDMS maintains several projects that assist those who are interested in these histories:

- 1) **Annual Orations.** All are summarized on our webpage
- 2) **The History of the WDMS 1794-1954 by Paul Bergin, MD & History of the WDMS 1954-1994 by John Massarelli MD** have both been digitized and are available on our website through the hard work of Peter Schneider, MD
- 3) **Spoken History Project.** Since 1995 the Society has been recording interviews with senior members. These are posted on the WDMS website. There are currently 9 audio interviews (produced before we moved to video) and 68 video interviews. If you are a senior member, contact Dale Magee, MD for an interview.
- 4) **Medical History Book Club.** Meeting every 3-4 months over dinner, this group selects a book dealing with the history of medicine and discusses it over dinner. If interested contact Dale Magee, MD
- 5) **Medical History Committee.** Newly formed for 2019 this group will work on developing policy regarding archives and artifacts, organizing Society documents and objects, seeking sites for displays and exploring areas of medical history of interest to the members.

The format of the Medical History Committee differs from other committees. We poll members to ascertain their interest and offer participation in a project based on interest and availability. Thus, there are no "routine" meetings and members can participate as much as they wish.

This past year the focus has been on getting control of the Society's inventory of artifacts and documents. We are addressing materials in the main office, the basement of Mechanics Hall and a self-storage facility that we rent.

Policy on what to keep and what to de-accession has been developed and approved by the Executive Committee. Books have been de-accessioned (those of value have been sold for a little over \$700 to be used for future archiving), papers and other materials that we will keep are being entered in a catalog and are being preserved in a manner that both preserves them and makes them more accessible.

Instruments are being photographed and made accessible online.

- 6) **225<sup>th</sup> Anniversary.** A video was produced to celebrate the WDMS' 225<sup>th</sup> Anniversary. In addition, the video that was produced in 1994 for the 200<sup>th</sup> Anniversary had deteriorated and has been restored. Both are available on the WDMS Channel on YouTube.
- 7) **Union Medical Association papers.** The Society has the papers of this central Massachusetts medical association that was active from 1758-1858. An overview is available through the WDMS website. Currently, the original papers are housed at the Worcester Historical Museum.

Respectfully submitted,

B. Dale Magee, MD, Curator